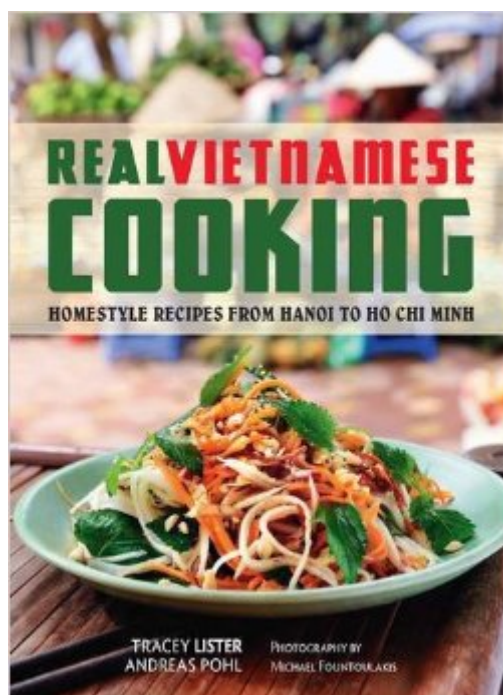


The book was found

Real Vietnamese Cooking: Homestyle Recipes From Hanoi To Ho Chi Minh



Synopsis

Real Vietnamese Cooking is a culinary voyage through this unique country. It samples the memorable meals found everywhere from street stalls, countryside eateries, bia hois and family gatherings, covering the three main culinary regions of the country: the hearty food of the cooler North with its four distinct seasons, dishes from the Centre with its tradition of the imperial cuisine from Hue, and the sweeter and spicier food from the tropical South. The recipes collected in this volume cover classic Vietnamese fare such as beef noodle soup (Pho Bo), spring rolls (Nem) and banana flower salad as well as lesser known recipes from rural areas like eel in caul fat and more unusual snacks like boiled jackfruit seeds...as well as the all-important dipping sauces, without which no Vietnamese dish would be complete. With suggestions for putting together a Vietnamese banquet or throwing together a casual meal for friends, the authors remain true to the communal theme that runs through this cuisine and its culture. The lush photography and fresh design take the reader on a journey through classic and unusual recipes and the intricacies of the country's rich cultural history. "After spending time with Tracey in Hanoi, I was thrilled to see the culinary journey through Vietnam in her new stunning book, with vivid photos illustrating the vast range of ingredients in Vietnamese food. The simplicity of the recipes, bursting with flavor, are a true reflection of the local dishes throughout the country" Michel Roux

Book Information

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Customer Reviews

had just been to vietnam on a food tour-had a mkt tour and cooking class at this author's school-love the book although I may not be able to get some of the ingredients-photos are great too

Can't wait to get cooking! The book was in excellent condition and all of the pictures included make you hungry.

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